



# Ropes and ladders Cowl



200m/219yds of DK yarn - One 100g ball of King Cole Riot DK

4mm needles worked flat plus cable needles

Finished size: 104cm total length, 15cm wide

## Note

On right side rows work the stitch before and after the purl stitch through the back of the loop to keep them tight when you drop the purl stitch.

## Instructions

Cast on 32 stitches – you can do a provisional cast on to graft seamlessly at the end or you can cast on normally and then cast off and seam the ends.

K 4 rows garter stitch,

\*Pattern row 1 (RS):K4, cast off 2, K5 (including 1 sts from cast off stitches makes 6 stitches since cast off), cast off 2, K3, cast off 2, K 5, cast off 2, K3 (24 sts)

(after this row you should have the stitches in the following pattern: 4 (gap) 6 (gap) 4 (gap) 6 (gap) 4 – the gaps will be filled in with one st that will later be dropped back to the double YO. The 4 sts are always garter stitch and the 6 stitches become the cables.)

Row 2 (WS): K4, double YO, P6, double YO, K4, double YO, P6, double YO, K4

Row 3: K4, P1 (into double YO, dropping one of the YO), K6, P1, K4, P1, K6, P1, K4 (28 sts)

Row 4 and all further WS rows: K5, P6, K6, P6, K5

Row 5: K4, P1, K6, P1, K4, P1, K6, P1, K4

Row 6 as row 4

Row 7: K4, P1, C6F, P1, K4, P1, C6B, P1, K4

Row 8: as row 4

Rows 9-16 repeat rows 5 and 6

Rows 17-18 Rep rows 7 and 8

Repeat rows 9 to 18 then rep rows 5 and 6 twice. This gives a total of three cable twists with 8 plain rows between them and four at each end.

Next row: K4, drop P1 stitch, Cast on 2 stitches (backwards loop method works here), K6, drop P1 stitch, Cast on 2 sts, K4, drop P1 stitch, cast on 2 sts, K6, drop P1 st, cast on 2 sts, K4 (32 sts) Allow the dropped stitches to ladder down to row 1 – you may need to help unhook them.

Knit 7 rows \*

Repeat from \* to \* 6 more times or until desired length

On last repeat, knit 3 rows not 7 after the drop stitch row.

Twist for a moebius effect or leave straight, graft live stitches to provisional cast on or cast off and seam ends together.

## Abbreviations

K – Knit

P – Purl

rep – Repeat

RS – Right side

WS – Wrong Side

Double YO – Yarn over needle twice

C6F – Slip next three stitches onto cable needle and hold to the front of the work. Knit next 3 sts on left hand needle then knit 3 sts off cable needle.

C6B – Slip next three stitches onto cable needle and hold to the back of the work. Knit next 3 sts on left hand needle then knit 3 sts off cable needle.



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